



# Wilston Kids Care News



## WKC COOKBOOK

Exciting news!!! We are currently working on a project putting together our first Wilston Kids Care Cookbook and hope to have this ready for purchase towards the end of the school year, ready for Christmas. Included will be some of Lyndall's most popular vacation care lunches and term-time afternoon teas, as voted by the children. If you have heard your child rave about a lunch or afternoon tea, they have had here at Wilston Kids Care, we would love to hear about it so we can ensure that recipe is included in our cookbook.

We would also like to include a 'Family Favourites' section full of favourite recipes that your children love to eat or make with you. If you, or a family member, have a much-loved recipe (that you are happy to share) we would love to hear from you. You can send this in any format e.g., a photo of a recipe attached to an email or a list of ingredients and method in an email to [wkc.admin@wilstonpandc.org.au](mailto:wkc.admin@wilstonpandc.org.au).

All proceeds go towards purchasing more herbs and plants for our WKC community garden. We try as much as we can to implement the paddock to plate approach when using these ingredients in our Foodie Friday Cooking Club. It's great to teach our children the importance of sustainability.

We will keep you updated throughout this project!



## Dates for your Diary

- 26 Jun-7 Jul: School Holidays
- 2 Jul-9 Jul: NAIDOC week
- 14 Jul: Bastille Day

## Our Most Recent Gallery





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## Coming Soon!

We just wanted to announce that our Wilston Kids Care family is expanding with the pitter patter of tiny feet!

It is with great pleasure that we share some wonderful news with you about one of our Management Team members. Our Coordinator of Operations, Emma Bannerman, is expecting and is now 23 weeks into her pregnancy.

We're thrilled to see her embark on this exciting journey of motherhood and know Emma will bring the same level of love and dedication to this new chapter in her life, as she does in her role here at Wilston Kids Care.

Please join us in congratulating Emma. We are so very excited to meet her beautiful baby boy!



## Foody Friday - Cookie Decorating



The children's laughter echoed from the kitchen as they let their imaginations run wild discussing cooking last Friday! A big shout-out to our amazing little chefs, your deliciously silly cooking creations made us all laugh and smile.

Group cooking activities are particularly important for primary aged children. It encourages creativity and teamwork, as they discuss concepts, design, and execution, and it helps children to develop healthy eating habits, because they're more likely to try food that they've helped to cook.

We will have more exciting activities and delicious treats planned for Term 3, so stay tuned!





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## Push Up Challenge

Check out the remarkable feat our twelve extraordinary Wilston Kids Care staff (Management and Educators) have embarked on this year in the Push-Up Challenge!

Individually, we set out to complete 3144 push ups over the course of the month to raise funds for mental health research and suicide prevention initiatives. Over the course of the past month, the children have been captivated by this inspiring endeavour, expressing their eagerness to participate by engaging in push-ups throughout the entire school premises. Today is the final day of the challenge. Collectively, we have accomplished a whopping count of 33,000 push ups.

If you want to follow along or donate to this awesome cause, check out the link to our team page below. Let's push harder for mental health. Big thankyou to everyone for the support over the past month.

<https://www.thepushupchallenge.com.au/fundraisers/wilstonkidscare>



## June/July Vacation Care – Bookings open!

June-July Vacation Care Alert! Limited spots are available every day starting next week. Book now to secure a booking for your children!

JUNE-JULY 2023  
VACATION CARE

BOOKINGS OPEN NOW

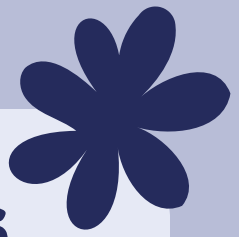
BOOK VIA YOUR XPLOR HOME APP







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## The Great Book Swap – WKC

We are thrilled to announce that yet again, Wilston Kids Care will be participating in the fantastic Great Book Swap event, organised by the Indigenous Literacy Foundation.

### What is the Great Book Swap?

The Great Book Swap is a wonderful initiative that aims to promote literacy and provide books to children in remote Indigenous communities. By participating in this event, we can help make a difference and contribute to improving educational opportunities for Indigenous children across Australia.

### How can you get involved?

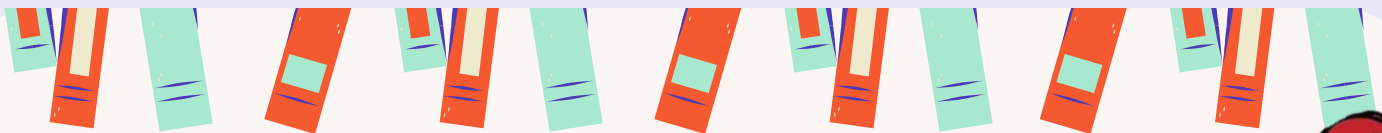
Wilston Kids Care has put an invitation out to the incredible families and the wider Wilston community to join us. We will be collecting all eligible donations at the Wilston Kids Care office of unwanted children's and/or educational books that could be donated for this wonderful initiative.

On the 6th through to the 8th of September, these donated books will then be displayed for children to purchase for a gold coin donation. All funds received will be going to the Indigenous Literacy Foundation to assist in buying reading materials for children in remote areas.

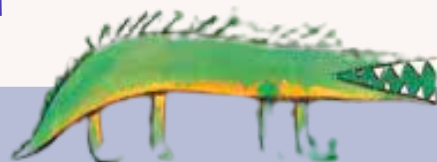
Show your support by donating to our Great Book Swap page and sharing it with your friends, family, and the Wilston community!

Below is the link to our Wilston Kids Care Great Book Swap.

Any donations are always appreciated.



# GREAT BOOK SWAP





# Wilston Kids Care News



## Policies and Procedures

We are currently undertaking a review of the Chapter 3 Health and Hygiene Management Policies and Procedures for June 2023.

The policies we are reviewing are:

- 1 - Anaphylaxis Management Policy
- 2 - Asthma Management Policy
- 3 - Cleaning and Disinfecting Policy
- 4 - Clothing Policy
- 5 - Dental Health Policy
- 6 - Diabetes Management Policy
- 7 - Epilepsy Management Policy
- 8 - Exclusion Policy
- 9 - Handwashing Policy
- 10 - Head Lice Management Policy
- 11 - Physical Activity Policy
- 12 - Sick Children Policy

If you have any general feedback about these policies, please don't hesitate to email Raeleen Wren, General Manager of Wilston Kids Care, who will be happy to discuss your feedback. [wkc.generalmanager@pandc.org.au](mailto:wkc.generalmanager@pandc.org.au)

Feedback helps us to better position ourselves to ensure we always deliver the highest standards of education and care. As a service we are always looking for ways to continuously improve and grow.





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## International Yoga Day

Wednesday 21 June was International Yoga Day!

To commemorate this day, we started off with a refreshing Yoga session in D-Block. The children took part in challenging yoga poses, testing their balance, strength, and endurance.

In addition to the yoga session, we also provided the children in D-Block with an opportunity to practise mindfulness. They channelled their creativity in calming positive affirmation colouring in.

At Wilston Kids Care, we believe in nurturing holistic growth. At Wilston Kids Care, we nurture children's overall development through the combination of yoga for physical wellness and mindfulness for mental well-being.



## WKC Christmas Closures



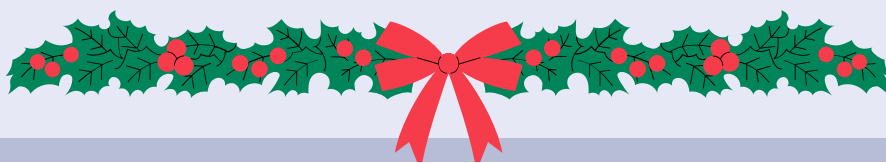
We would like to confirm the Wilston Kids Care Christmas and New Year closure dates for 2023/2024.

- Wilston Kids Care will be closed - Monday 18 December 2023 - and re-open on Tuesday 2 January 2024

Vacation Care Dates for the Christmas and New Period 2023/2024

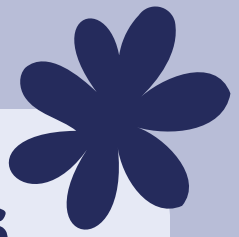
- Vacation Care Week 1 - Monday 11 December - Friday 15 December 2023.
- Vacation Care Week 2-4 - Tuesday 2 January - Friday 19 January 2024.

Please place these dates in your diary. If you need any further information don't hesitate to speak with Kaylee or Ella (ET) in the WKC office.





# Wilston Kids Care News



## Enrolments

We wanted to provide you with an update regarding enrolments for our Before and After School Care Program at Wilston Kids Care. We are pleased to inform you that we do have positions available and are actively accepting new enrolments. Our program continues to offer high-quality care, providing a range of activities that promote learning, social interaction, and physical activity. We are committed to creating a safe and nurturing environment for your children, especially during those crucial hours before and after school.

Our Before and After School Care Program is available every day, and we offer a range of flexible booking options to suit your family's needs. Whether you require care for one day a week or every day, we can provide the support and care your children need to thrive. We also offer a range of excursions and special events throughout the year, as well as inclusive clubs (free of charge) providing your children with unique and exciting experiences.

Enrolling your child in our Before and After School Care program is easy. Simply visit our [website](#) or contact us directly to secure your child's spot. We look forward to welcoming your child into our care and providing them with a safe, supportive, and stimulating environment.

If you have any questions or would like to enrol your child, please do not hesitate to contact us.

